



Carlton VC Primary School

EYFS Intimate Care Policy

Approved by:	Mrs. J Bevis and School Governors	Date: September 2023
Written by:	Mrs. C Williams	Date: August 2023
Last reviewed on:		
Next review due by:	December 2025	

The policy has been developed within the context of current legislation, policy and guidelines as well as with our values. This policy

Rational

There are times when children need nappy changes, help with toileting and changing clothes at Nursery and Reception. This policy provides clear guidelines for providing the intimate care of children. These guidelines are designed to promote good practice and safeguard children and practitioners.

Aims

- ◆ To include all children in activities regardless of their ability to manage their own personal care
- ◆ To safeguard the rights and promote the welfare of children
- ◆ To provide guidance for staff
- ◆ To reassure parents

Definition of Intimate Care

“Care tasks of an intimate nature, associated with bodily functions, bodily products and personal hygiene, which demands direct or indirect contact with or exposure of sexual parts of the body”

These tasks include: dressing and undressing, helping to use the toilet, cleaning, wiping intimate parts of the body, apply medical cream or nappy cream

Definition of personal care

“Although it may not involve touching another person, it is less intimate and usually has the function of helping with personal presentation”

Tasks include: Feeding, medication, hair, dressing, washing and prompting and supervising going to the toilet

We encourage children to participate in their own intimate and personal care as an approach towards facilitating participation in daily life and develop their personal and physical skills.

All children have the right to be safe, feel comfortable and be treated with dignity and respect. Staff will be sensitive to individual needs.

Procedures:

Children will have their nappies changed in the privacy of the bathroom area with the door open, staff will wear gloves. Where possible staff will be supervised by each other by sight or sound. Staff will ask children if they can change their nappy first no matter how old they are and ask them to volunteer to lie on the changing mat which will be placed on the ground to allow independence.

Each child will have their own nappies, wipes, sacks, change of clothes stored in their backpack.

While changing underwear children will also need to be in the privacy of the bathroom area. For other clothing children can be changed elsewhere in the setting as long as the child feels comfortable. Children will be asked to help change and if staff can help them too.

Should staff observe any unusual markings, discolouration's or swelling these will be reported to the DSL immediately.

If during the intimate care of a child a staff member accidentally hurts the child the child will be reassured and report to the DSL.

All staff working on site will hold a DBS and be up to date with Safeguarding Training.

Useful Resources

Working together to safeguard children 2018

Keeping children safe in education 2019

NSPCC