



RSE content covered
across the school



Learning Journey Growing and Changing Early Years

coram SCARF

Children notice the similarities and differences between males and females. They begin to play inclusively with their friends, regardless of their sex (if not already doing so). They think differently and more openly about what a family may look like.

NURSERY
When I was
a baby

Children talk about how babies change as they grow, what they need and how this changes as they grow. They share their own experiences and listen to those of the others.

NURSERY
Girls, boys
and families

Children understand that animals and humans change in appearance over time. They use relevant vocabulary such as egg, seed, baby, grow, change, old, and young (and the names for young animals). They make observations and ask questions about living things.

RECEPTION
Life stages –
plants,
animals,
humans

Children use the language and describe the different life stages of: baby, child, teenager, adult, older age, and talk about their own experience of growing up.

RECEPTION
Life stages:
Human life
stage – who
will I be?

RECEPTION
Where do
babies come
from?

Children are introduced to the basics of human reproduction (not sexual intercourse). They understand that a baby is made by a woman and a man, and grows inside a woman's tummy/womb. They recognise that every family is different and talk about the similarities and differences between themselves and others.

RECEPTION
Getting bigger

Children reflect on how they have changed as they have grown. They can explain the differences between babies, children, and adults, and understand that we are all unique.

RECEPTION
Me and my
body – girls
and boys

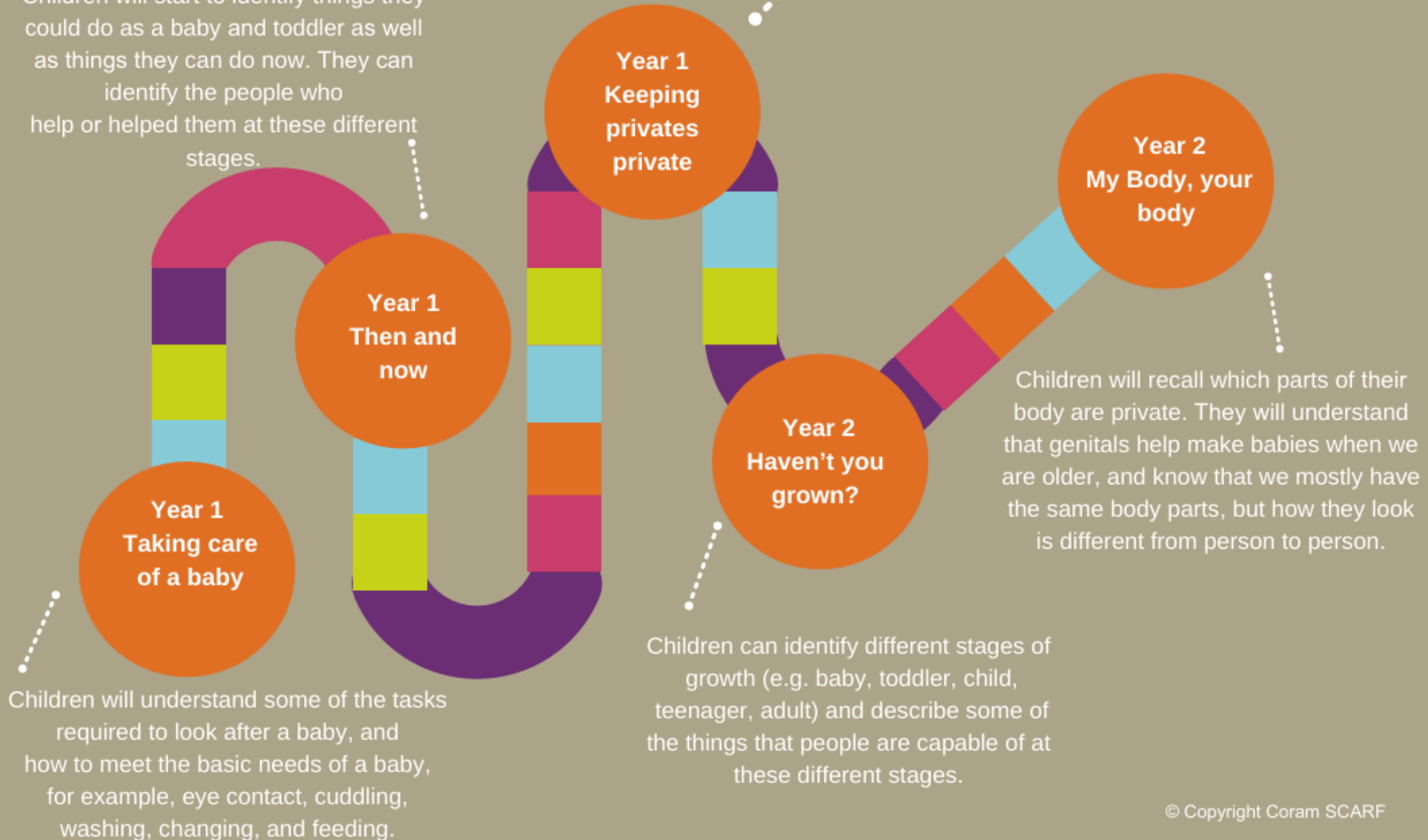
Children learn the names of parts of the body (including reproductive parts) using the correct vocabulary. They can explain which parts of their body are kept private and safe - and why. They know to tell or ask an appropriate adult for help if they feel unsafe.

Learning Journey Growing and Changing Key Stage 1

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Children will be able to identify parts of the body that are private and ways in which they can be kept private. They can identify people that it's ok to talk to about their private parts.

Children will start to identify things they could do as a baby and toddler as well as things they can do now. They can identify the people who help or helped them at these different stages.



**Learning Journey
Growing and Changing
Lower Key Stage 2**



Children recall that babies come from the joining of an egg and sperm; and are introduced to some puberty changes, including menstruation, using the correct vocabulary.

**Year 3
My changing
body**

**Year 4
My feelings
are all over the
place!**

Children understand how the onset of puberty can have an emotional as well as physical impact, recognise that this may lead to conflict with parents and learn how to compromise.

**Year 4
All change!**

Children will explain how human reproduction (not sexual intercourse) occurs, know how and why periods and wet dreams occur, and how to manage both successfully.

**Year 4
Preparing for
changes at
puberty**

Children recall parts of the body that males and females have in common and those that are different, using the correct terminology for genitalia, and explain why puberty happens.

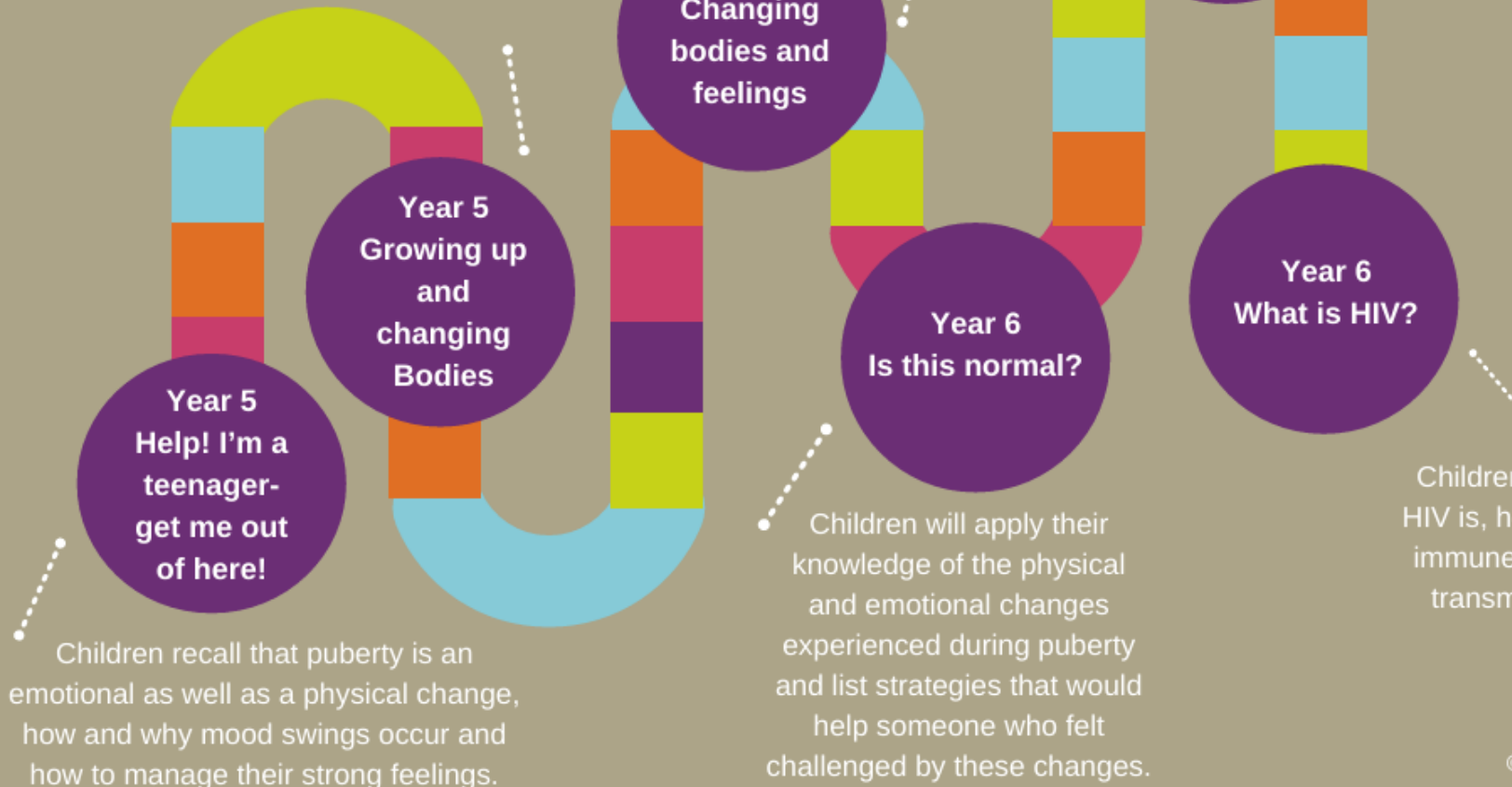
Learning Journey Growing and Changing Upper Key Stage 2

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Children apply their knowledge of the various puberty changes, including menstruation, and identify some products that they may need during puberty, and why.

Children will increase their vocabulary for the external sexual organs, as well as debunk some of the myths associated with various puberty changes.

Children learn the variety of ways in which a couple can create a family (including through sexual intercourse), and how it can be prevented. They learn the legal age of consent and what it means.



What will be taught?

As a school, we have decided not to deliver the optional SCARF Relationships and Sex Education (RSE) lessons. Instead, we will focus on teaching the statutory RSE curriculum to ensure our provision remains fully aligned with the Department for Education's statutory guidance. This approach enables us to deliver a clear, consistent and age-appropriate curriculum that meets the needs of our pupils while fulfilling our statutory responsibilities. At Carlton, we aim to teach with sensitivity, respect and dignity for all – in line with our Carlton Christian Values.

Nursery Class content



- I'm special
- People who are special to me
- Me and my friends
- Friends and family
- When I was a baby
- Girls, boys and families

Sample Learning Activities

- Learn the Makaton sign for special
- Read a book together about different families
- Create an 'Our favourite things display'
- Discuss objects and discuss whether babies need them or not
- Create a washing line of different decorated paper pants to highlight the importance of privacy

Key Vocabulary for nursery RSE

N: Me and My Relationships

Lesson Plan

Marvellous me!

I'm special

People who are special to me

Key Vocabulary

penis, like, feel, choose, head, arms, legs, eyes, ears, nose, mouth, teeth, hands, fingers, feet, toes, knees, elbows, pants, vest, private, vulva

feel, special, look, friends

hug, special, big, small, colour, near, far, sad, love, adopt, special days, quiet, loud, help, similar, friend, family, safe, worried, trust, lonely

N: Growing and Changing

Lesson Plan

Growing and changing in nature

When I was a baby

Girls, boys and families

Key Vocabulary

different, weather, change, grow, temperature, hear, smell, see, remember, warmer, seasons

testicles, penis, adoption, breastfeeding, vulva, change, grow, bigger, taller, special needs, nipples

testicles, penis, vulva, private parts, make a baby, , dolls and cars are for everyone, nipples

Reception Class content



- Life stages in plants, animals and humans?
- Where do babies come from?
- Getting bigger
- Me and my body
- Looking after my special people
- Looking after my friends
- Keeping safe online

Sample Learning Activities

- Role play how you can help your special people at home
- Read a book together about getting bigger
- Using the pairs cards, match up the baby animal with its adult equivalent
- Draw pictures of a friend. At the bottom of the picture write how they look after that friend or how their friend looks after them.
- Write some safety rules about being online

Key Vocabulary for Reception RSE

R: Me and My Relationships

Lesson Plan	Key Vocabulary
All about me	same, different, special, practice, effort
What makes me special	same, different, special, favourite
Me and my special people	same, different, help, family, special people
Who can help me?	friends, help, family
My feelings	sad, feelings, emojis, happy
My feelings (2)	sad, kind, feelings, happy, helpful, worried, confused, frustrated

R: Growing and Changing

Lesson Plan	Key Vocabulary
Seasons	seasons, summer, spring, winter, autumn, cycle
Life stages - plants, animals, humans	egg, change, grow, growing, life cycles, seed, baby, old, young
Life Stages: Human life stage - who will I be?	adoption, adult, baby, child, teenager, old age, marriage, civil partnership, wedding, ceremony, celebration
Where do babies come from?	egg, sperm, womb, surrogacy, adoption, pregnancy, breastfeeding, love, family, care, baby, tummy, donated sperm/eggs, same-sex parents, one-parent families, breasts
Getting bigger	surrogacy, adoption, IVF, grow, adult, baby, child, teenager, messages (DNA/Genes), families of different beliefs
Me and my body - girls and boys	sperm, testicles, vagina, penis, breastfeeding, vulva, private parts, privacy, my body is mine (body autonomy), dolls and cars are for everyone (gender stereotyping), eggs, nipples, breasts, anus

It is important to note that the specific terms surrogacy, IVF and donated sperm/eggs won't be explicitly used but the concepts will be discussed in an age appropriate way.

How sensitive topics will be discussed in reception:

Sensitive RSE topics will always be taught with care, sensitivity and respect. When discussing topics such as adoption, surrogacy and IVF with reception class, this is an example of how it will be taught:

“Sometimes we don’t look the same as our parents because other people helped make us and so we will have messages from their bodies instead. This might be because we are adopted or our parents had help from other people to make us.”

Year 1 content



Extending learning from Reception.

New content includes:

- Our special people
- Caring behaviour
- Respecting others
- Safe touch
- Unsafe secrets
- Friendship
- Communication
- Bullying (inc. online)
- Boundaries
- Privacy including naming the genitals
- Feelings

Sample Learning Outcomes

- Recognise and name some of the qualities that make a person special to them
- Identify simple qualities of friendship
- Identify things they could do as a baby, a toddler and can do now
- Explain the difference between appropriate and inappropriate touch
- Identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep
- Identify parts of the body that are private

Key Vocabulary for Year 1 RSE

Y1: Me and My Relationships

Lesson Plan	Key Vocabulary
Why we have classroom rules	responsibility, rules, safe, work together
How are you listening?	respect, safe, unsafe, listening, fair, apologise
Thinking about feelings	feelings, safe, body language, emotions, support
Our feelings	feelings, behaviour
Feelings and bodies	help, feelings, hurt, heal
Good friends	friendship, safe, making up, lonely, alone, include

Y1: Growing and Changing

Lesson Plan	Key Vocabulary
Healthy me	water, food, sleep, exercise, energy, healthy, oxygen, air, screen usage
Then and now	needs, help, change, growing, size, height
Taking care of a baby	testicles, penis, needs, vulva, love, help, caring, nipples, attention, scrotum
Who can help? (2)	safe, unsafe, unkind, unkindness, tease, teasing, bullying, witness, experience, getting help, aggressive, online bullying
Surprises and secrets	, surprise, secret
Keeping privates private	testicles, vagina, penis, doctor, breastfeeding, private, vulva, help, change, , my body is mine (body autonomy), privates, nipples, hygiene, sore, private activity, scrotum, breasts, anus



Year 2 content

Extending learning in year 1.

New content to include:

- How my behaviour (positive or negative) affects others
- Becoming more independent
- Keeping myself and others safe
- Growing from young to old and how people's needs change

Sample Learning Outcomes

- Identify some of the ways that good friends care for each other, both online and in real life (IRL)
- Know and use words and phrases that show respect for other people
- Explain where someone could get help if they were being upset by someone else's behaviour
- Identify situations in which they would need to say 'Yes', 'No', 'I'll ask', or 'I'll tell', in relation to keeping themselves and others safe.
- Identify the types of touch they like and do not like
- Explain that our genitals help us make babies when we are older

Key Vocabulary for Year 2 RSE

Y2: Me and My Relationships

Lesson Plan	Key Vocabulary
Our ideal classroom (1)	friendly, safe, happy, caring
How are you feeling today?	help, feelings, showing feelings
Let's all be happy!	help, feelings
Being a good friend	friendly, friendship, kind, safe, unsafe, unkind, include
Types of bullying	respect, bullying, repeated, online bullying, loneliness
Don't do that!	help, bullying, don't do that, aggressor, target, online bullying

Y2: Growing and Changing

Lesson Plan	Key Vocabulary
A helping hand	help, support, supportive
Sam moves away	feelings, change, emotions, nervous, loss, frightened
Haven't you grown!	food, sleep, care, change, growing, rest, learning, forward looking, making choices, asking permission
My body...your body	ovaries, sperm, testicles, vagina, penis, womb, pregnancy, breastfeeding, vulva, special, private parts, my body is mine (body autonomy), eggs, nipples, bottom, unique, scrotum, breasts, anus
Respecting privacy	penis, private, vulva, privacy, consent, genitals, permission
Some secrets should never be kept	penis, private, vulva, tell, unsafe, private parts, consent, secret, uncomfortable, someone you trust, genitals, permission

Year 3 content



Extending learning in year 2.

New content to include:

- Change including bereavement
- Images in the media
- Protecting personal information online
- Different types of relationships
- Healthy and unhealthy relationships (friendships) both online and IRL
- Discrimination and its consequences
- Understanding risk
- Making informed choices
- Resisting pressure
- Menstruation

Sample Learning Outcomes

- Explain some of the feelings someone might have when they lose something important to them
- Recognise and describe appropriate behaviour online as well as offline
- Identify when it is appropriate or inappropriate to allow someone into their body space
- Recognise who they have positive healthy relationships with
- Recognise that repeated name calling is a form of bullying
- Understand that for girls, periods are a normal part of puberty

Key Vocabulary for Year 3 RSE

Y3: Me and My Relationships

Lesson Plan	Key Vocabulary
As a rule	rules, safety, misinformation, disinformation
Looking after our special people	friendship, safe, making up, falling out, compromise
How can we solve this problem?	needs, respect, compromise, conflict, point of view, preferences
Friends are special	safe, unsafe, trust, calm, making up, listen, point of view, strategies, apologise
Thunks	continuum, opinions, respectful, courteous, challenging, preferences
Dan's dare	feelings, dare, persuade

Y3: Growing and Changing

Lesson Plan	Key Vocabulary
Relationship tree	trust, caring, healthy, positive, relationships, online relationships, misinterpretation
Body space	testicles, vagina, penis, respect, vulva, nipples, uncomfortable, touch, scrotum, personal space, body space, invade, stop, anus
None of your business!	internet safety, private, personal information, public, profile, digital tattoo
Secret or surprise?	excited, feelings, worried, scared, surprise, secret, uncomfortable, angry, upset, jealous, talk
My changing body	egg, ovaries, sperm, testicles, puberty, vagina, penis, womb, erection, birth, cervix, wet dreams, menstrual cycle, fallopian tube, period, vulva, nipples, genitals, scrotum, lining, period/menstruation pad, tampon, menstruation cup, breasts, mammals, hips, fertilise, spots, sweat, pubic hair, If using the film clips, the following words are also used:, fertilised egg, ovary, uterus (womb), periods, menstruation, pregnant, anus, involuntary erections
Basic first aid	risk, safe, first aid, accident, danger, hazard, kettle, burn, scald, emergency

How sensitive topics will be discussed in year 3:

Sensitive RSE topics will always be taught with care, sensitivity and respect.

When teaching topic such as wet dreams, this is an example of how it will be taught:

When a boy reaches puberty; anytime from the age of 9, but usually around 10-12 years old, their testicles start to make and store sperm. Testicles are held outside the body in a sack of skin called the scrotum. Sometimes the sperm leaves the body at night via the penis. This is often called a wet dream and is totally normal if you have them and totally normal if you don't. It is common to experience involuntary erections, also called a spontaneous erection. This occurs when the penis becomes hard and points away from the body, known as an erection. These erections are totally normal and can happen at any age, though they are more frequent in adolescents and young adults. They often occur during sleep and it is not uncommon for people to wake up with an erection too.

When teaching topics such as menstruation cycle, this is an example of how it will be taught:

When a girl reaches puberty, anytime from the age of eight, though most commonly at about the age of 12, she can start releasing eggs. These eggs are released inside her. In preparation for the egg, the lining of the uterus thickens. But if the egg is not fertilized inside the female's body (it doesn't meet the male seed - the sperm) the lining isn't needed and so the woman/girl passes this lining, in the form of blood, along with the tiny egg, out through her vagina. The vagina is inside the body, like a pathway. Blood comes from the uterus, through the vagina, and out into the pants area - the vulva. This monthly 'bleed' is called a period and lasts approximately 3 - 7 days.



Year 4 content

Extending learning in year 3

New content to include:

- Body changes in puberty
- Conflicting emotions
- Good and not so good feelings
- Marriage, Civil Partnership and other relationships
- Consequences of our actions
- Recognise and challenge stereotypes
- Pressures to behave in an unacceptable, unhealthy or risky way

Sample Learning Outcomes

- Understand and explain why puberty happens
- Suggest reasons why young people sometimes fall out with their parents
- Discuss the reasons why a person would want to be married, or live together, or have a civil ceremony
- Define what is meant by 'being responsible'
- Understand and identify stereotypes, including those promoted in the media
- Understand that we can be influenced both positively and negatively

Key Vocabulary for Year 4 RSE

Y4: Me and My Relationships

Lesson Plan	Key Vocabulary
Human machines	collaborate, teamwork, collaboration, collaborative
Ok or not ok? (part 1)	respect, safe, unsafe, qualities, aggressive, positive, healthy relationship, responsibilities, excluded, assertive, negotiate
Ok or not ok? (part 2)	friendly, aggressive, compromise, respectful, assertive, rude, face-to-face, controlling
An email from Harold!	sad, feelings, happy, calm, scared, sore, frightened, physical effects, unhappy, devastated, miserable, distressed, lonely, alone, ignored, isolated, abandoned, apologetic, regretful, rueful, remorseful, repentant, aching, agonising, painful, delighted, ecstatic, joyful, untroubled, assured, confident, peaceful, petrified, terrified, bothered
Different feelings	feelings, physical effects
Under pressure	unkind, tease, bullying, prejudice, pressure, independent, discrimination, aggressor, online bullying, upstander

Key Vocabulary for Year 4 RSE

Y4: Growing and Changing

Lesson Plan	Key Vocabulary
Moving house	excited, challenge, practice, change, worried, emotions, support, upset, familiar, progress
My feelings are all over the place!	puberty, hormones, feelings, compromise, conflict, independence
All change!	ovaries, sperm, testicles, puberty, vagina, penis, womb, wet dreams, semen, vulva, privacy, eggs, nipples, scrotum, breasts, spots, sweat, pubic hair, If using the film clips, the following words are also used:, clitoris, labia, legal age of consent, marriage, Puberty for boys:, facial hair, underarm hair, body odour, ejaculation, spontaneous erections, pleasure , growth spurt , growth spurt, deeper voice, acne, breast growth, reproduction, testosterone, mood swings, sexual feelings , sexual nature , sexual nature , Puberty for girls:, hair removal, wider hips, All about getting your period:, endometrium (uterus lining), foetus, stomach ache, headache, cramps, anus
Preparing for changes at puberty	ovaries, sperm, testicles, puberty, vagina, penis, cervix, wet dreams, semen, ejaculate, menstrual cycle, ovulation, fallopian tube, vulva, eggs, genitals, scrotum, period/menstruation pad, tampon, menstruation cup, breasts, hips, spots, sweat, pubic hair, If using the film clips, the following words are also used:, fertilised egg, periods, menstruation, pregnant, spontaneous erections, What is a wet dream?, nocturnal emission, whitish fluid, wet, lubricated, slippery, sexual nature , sexual nature , sexual nature laundry, guilty, embarrassed, normal, natural, voice deepens, lining of the uterus, pads, menstrual cup, Menstruation Film Clip, anus, vaginal discharge, involuntary erections
Secret or surprise?	surprise, secret, uncomfortable feelings
Together	safe, unsafe, relationships, marriage, live together, civil partnership, forced marriage, wedding, ceremony

Rationale for omissions:

As a school, we have decided to remove the following words and topics from the Year 4 lesson content: **pleasure, masturbation, sexual feelings, "horny", romantic/sexual interest, sexual nature, "felt good", and pee sheets.**

Following careful consideration, we believe these terms and concepts are not age-appropriate for our Year 4 pupils. We will continue to deliver Relationships and Sex Education in line with statutory guidance, ensuring that all learning is developmentally appropriate, delivered sensitively, and meets the needs of our children.

Year 5 content



Extending learning in year 4.

New content to include:

- Body changes and feelings during puberty
- Changing feelings and the effect on those we live with
- Unhealthy relationships
- Risky behaviour
- Healthy behaviour online
- Types of bullying including homophobic
- Keeping personal information private online

Sample Learning Outcomes

- Identify some products that they may need during puberty and why
- Recognise some of the feelings associated with feeling excluded or 'left out'
- Identify what things make a relationship unhealthy
- Explore and share their views about decision making when faced with a risky situation
- Recognise that people aren't always who they say they are online
- Recognise that some people can get bullied because of the way they express their gender
- Know how to protect personal information online

Key Vocabulary for Year 5 RSE

Y5: Me and My Relationships

Lesson Plan	Key Vocabulary
Collaboration Challenge!	collaborate
Give and take	safe, unsafe, compromise, conflict, negotiation, resolution, self-esteem, loneliness
How good a friend are you?	lonely, insensitive, sensitive, self-esteem, insecure
Relationship cake recipe	respect, unsafe, aggressive, assertive, unhealthy relationship, verbal abuse, physical abuse, sexual abuse, uncomfortable touching, passive, self-esteem, include, controlling, abuse, neglect
Our emotional needs	emotions, emotional needs
Being assertive	safe, unsafe, bullying, aggressive, assertive, lonely, passive, bystander, self-esteem, loneliness, rejection

Key Vocabulary for Year 5 RSE

Y5: Growing and Changing

Lesson Plan	Key Vocabulary
How are they feeling?	wellbeing, resilience, wellness, restore, intensity
Taking notice of our feelings	safe, resilience, unwanted attention, unwanted touch
Dear Ash	in confidence, break a confidence, confidential
Growing up and changing bodies	testicles, puberty, vagina, penis, semen, period, vulva, nipples, scrotum, period/menstruation pad, tampon, menstruation, clitoris, labia, vaginal discharge, genitalia, managing feelings, oral health
Changing bodies and feelings	testicles, vagina, penis, hips widen, wet dreams, hormones, doctor, vulva, sleep, exercise, emotions, nipples, scrotum, menstruation cup, spots, sweat, pubic hair, If using the film clips, the following words are also used:, periods, menstruation, clitoris, body odour, acne, hair removal, height gain, FGM/cuts to the vulva, lips (labia), vaginal opening, urinary opening, period protection, washing, body confidence, body autonomy, vaginal discharge, involuntary erections, hydration, breast development, genitalia, deodorant, shower gel, tissues, washing powder, spot cream, facial wash, period products, circumcised, Taking care of your body, chemicals, oil glands, good hygiene, showers, soap, shampoo, clean underwear, pimples, zits, acne cream, hair growth, under arm, chest hair, healthy food, medication
Help! I'm a teenager - get me out of here!	puberty, hormones, respect, compromise, conflict, negotiate, mood swings, emotional changes, neglect

Rationale for omissions:

As a school, we have decided to remove the following words and topics from the Year 5 lesson content: **masturbation**. Following careful consideration, we believe this term and concept is not age-appropriate for our Year 5 pupils. We will continue to deliver Relationships and Sex Education in line with statutory guidance, ensuring that all learning is developmentally appropriate, delivered sensitively, and meets the needs of our children.

How sensitive topics will be discussed in year 5:

Sensitive RSE topics will always be taught with care, sensitivity and respect. We have chosen to include learning about Female Genital Mutilation (FGM) as part of our curriculum to support our safeguarding responsibilities, raise awareness of this form of abuse, and help pupils understand how to recognise concerns and seek help from a trusted adult if they ever feel unsafe.

Year 6 content

Extending learning in year 5.

New content to include:

- Body image
- Sharing images online
- Forced marriage
- Conception, reproduction & birth
- HIV
- Online sexual content (identified need only)



Sample Learning Outcomes

- Recognise that photos can be changed to match society's view of perfect
- Explore the risks of sharing photos and films of themselves or others online, and without consent
- Describe ways in which people show their commitment to each other
- Know a variety of ways in which the sperm can fertilise the egg to create a baby
- Explain how HIV affects the body's immune system

Key Vocabulary for Year 6 RSE

Y6: Me and My Relationships

Lesson Plan	Key Vocabulary
<u>Working together</u>	teamwork, collaboration
<u>Solve the friendship problem</u>	respectful, assertive, balanced friendship
<u>Behave yourself</u>	resolution, assertiveness, rejected
<u>Assertiveness skills</u>	assertiveness, peer pressure, controlling, abuse, neglect
<u>Don't force me</u>	marriage, civil partnership, forced marriage, illegal, preferences, abuse
<u>Acting appropriately</u>	assertive, illegal, appropriate, inappropriate, bystander, upstander

Key Vocabulary for Year 6 RSE

Y6: Growing and Changing

Lesson Plan	Key Vocabulary
I look great!	body image, manipulation, self esteem, deepfake, digital media, self-worth
Media manipulation	assertive, stereotype, gender stereotype, media manipulation, gender reassignment (protected characteristic)
Pressure online	online safety, peer pressure, right to privacy, sharing online
Helpful or unhelpful? Managing change	change, support, conversation, discuss
Is this normal?	testicles, puberty, vagina, penis, hormones, vulva, friends, nipples, scrotum, identity, spots, If using the film clips, the following words are also used:, periods, rights, mood swings, FGM/cuts to the vulva, period products, emotional changes, physical changes, FGM, voice deepening, Puberty and finding out who you are:, manage emotions, feeling funny sexually, start to have questions about sex, sexual reaction, more independence, increased weight
Making babies	egg, ovaries, sperm, testicles, puberty, vagina, penis, orgasm , embryo, womb, sexual intercourse, consensual, condom, surrogacy, adoption, IVF, age of consent, miscarriage, conception, consensual relationship, hug, cuddle, kiss, erection, vaginal wetness, excited, sexual feelings , implant, pregnancy, birth, caesarean, cut, labour, muscles, cervix, hips widen, wet dreams, loving relationship, If using film clip - Reproduction Planned Parenthood: , cells, semen, ejaculate, hormones, menstrual cycle, ripen, lining of womb, mature egg, ovulation, fallopian tube, fertilisation, uterine lining, period, How a baby is born: , vaginal childbirth, pelvis, efface, dilate, contractions, mucous plug, water break, doctor, midwife, cervical opening, birth canal, delivery, active labour, contracts, crowning fetal head, episiotomy, skull bones, umbilical cord, placenta, breastfeeding, All the different ways couples can create babies:, queer couple, LGBTQ+, stepchildren, foster parents, artificial insemination, co maternity, blended family, donate sperm, sperm bank, derogatory, homophobic, vulva, nipples, scrotum

Rationale for omissions:

As a school, we have decided to remove the following words and topics from the Year 6 lesson content: *feeling funny sexually, start to have questions about sex, sexual reaction, excited, pleasurable feelings, and orgasm.*

Following careful consideration, we do not believe it is appropriate to discuss sexual pleasure as part of our Year 6 curriculum. Instead, our teaching will focus on the scientific and biological aspects of human reproduction, alongside relationships, puberty, consent, respect, and personal safety, in line with statutory Relationships and Sex Education guidance.

Rationale for teaching the following:

- Correct scientific names for body parts – To promote accurate communication, body confidence and support safeguarding.
- Surrogacy, IVF and Adoption – To help children understand that families are formed in different ways, reflecting the diversity of modern Britain and meeting statutory guidance on teaching about different family structures.
- Gender Identity – promoting respect, dignity and understanding that everyone should be protected from discrimination.
- Puberty (including wet dreams) – To prepare children for the physical changes of puberty, reduce anxiety and ensure they receive accurate, age-appropriate scientific information.