



Carlton VC Church of England Primary School

**** *PE Policy 2026*

'I am the vine, you are the branches; those that abide in me and I in them will bear much fruit' (John 15:5)

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Staff

Date:

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1. Curriculum aims

Our curriculum aims/intends to:

Provide a broad and balanced education for all pupils that is coherently planned and sequenced towards cumulatively sufficient knowledge for skills and future learning

Enable pupils to develop knowledge, understand concepts and acquire skills, and be able to choose and apply these in relevant situations

Support pupils' spiritual, moral, social and cultural development

Support pupils' physical development and responsibility for their own health, and encourage them to have life-long active lifestyles

Promote a positive attitude towards learning

Ensure equal access to learning for all pupils, with high expectations for every pupil and appropriate levels of challenge and support

Have high ambitions for all pupils

Equip pupils with the knowledge and cultural capital they need to succeed in life

Develop pupils' independent learning skills and resilience, to equip them for further education

In our early years to promote the learning and development of our youngest children and ensure they are ready for Key Stage 1

Prepare our Year 6 children for transition to secondary school

2. Legislation and guidance

This policy reflects the requirements of the National Curriculum in England: Physical Education programmes of study, which all maintained schools in England must teach.

It also reflects requirements for inclusion and equality as set out in the [Special Educational Needs and Disability Code of Practice 2014](#) and [Equality Act 2010](#), and refers to curriculum-related expectations of governing bodies set out in the Department for Education's [Governance Handbook](#).

In addition, this policy acknowledges the requirements for promoting the learning and development of children set out in the [Early Years Foundation Stage \(EYFS\) statutory framework](#).

3. Roles and responsibilities

3.1 The Governing Body

The governing body will monitor the effectiveness of this policy and hold the Headteacher to account for its implementation.

The governing body will also ensure that:

- A robust framework is in place for setting curriculum priorities and aspirational targets

- Enough teaching time is provided for pupils to cover the National Curriculum and other statutory requirements

- Proper provision is made for pupils with different abilities and needs, including children with special educational needs and/or disabilities (SEND)

- The school implements the relevant statutory assessment arrangements

- It participates actively in decision-making about the breadth and balance of the curriculum

- It fulfils its role in processes to disapply pupils from all or part of the National Curriculum, where appropriate, and in any subsequent appeals

3.2 Headteacher

The Headteacher is responsible for ensuring that this policy is adhered to, and that:

All required elements of the curriculum, and those subjects which the school chooses to offer, have aims and objectives which reflect the aims of the school and indicate how the needs of individual pupils will be met

The amount of time provided for teaching the required elements of the curriculum is adequate and is reviewed by the governing body

Where appropriate, the individual needs of some pupils are met by permanent or temporary disapplication from all or part of the National Curriculum

The school's procedures for assessment meet all legal requirements

The governing body is made aware of the decision-making processes that relate to the breadth and balance of the curriculum

The governing body is advised on whole-school targets in order to make informed decisions

Proper provision is in place for pupils with different abilities and needs, including children with SEND

3.3 Other staff

The Subject Leader is responsible for maintaining high standards and improving outcomes for all children. They will monitor, support and motivate quality-first teaching and learning, and identify any needs for professional development. They will report to the Headteacher and governing body. The subject leader will also keep abreast of curriculum innovations and developments within PE.

Other staff will ensure that the school curriculum is implemented in accordance with this policy.

4. Organisation and planning

At Carlton Primary School, all children participate in two quality-first PE lessons a week which are aimed at inspiring all children to enjoy and succeed in a variety of physical activities. Our PE curriculum is designed to ensure that all requirements of the National Curriculum are met. Monitoring is carried out by the subject leader and the headteacher. The subject leader ensures that teaching and learning is progressive across all year groups, taking account of

mixed age classes, and that key skills are taught and built on so that development is sequential. The school residential trip gives the Year 5 and 6 children a valuable opportunity to develop their Outdoor and Adventurous Activity (OAA) skills. Children benefit from high quality specialist coaching in a variety of sports. In the Summer term, all children swim three times a week in the school pool.

Extra-curricular activities are offered to all children before, during and after school. Every child participates in at least one inter-school event per term as well as intra-school events including our annual Sports Day.

All children participate in the Golden Mile, where they are encouraged to run or jog at a consistent speed for a sustained amount of time. They also participate in the weekly aerobics assembly, run by the Sports Council. The sports leader programme encourages older pupils to take responsibility in leading games and activities with younger children. The Christian and British values are embedded within PE, encouraging children to show determination, teamwork, self-belief, respect, passion and honesty.

Safety is paramount in PE and children are taught to:

- Respond to instructions within established routines

- Recognise and follow rules and safety procedures for different activities

- Lift, carry, place and use equipment safely

- Understand the importance of warming up and stretching to prevent injury

- Understand the importance of wearing the correct and appropriate PE kit.

All jewellery and watches are to be removed and hair should be tied back – please see separate section below. This includes the removal of or covering of earrings. If the child is unable to remove or cover earrings, they will not be allowed to take part in the lesson.

Equipment for PE is stored in the PE cupboard or PE shed and are checked regularly, and an annual maintenance check of large apparatus is undertaken.

See our EYFS policy for information on how our early years curriculum is delivered.

Swimming:

Carlton VC Church of England Primary School is fortunate to have a swimming pool on site. Once the pool is ready in the Summer term and once the outside temperatures have reached 20 degrees the children commence swimming lessons as part of their PE Curriculum.

Swimming will only be taught by Primary School Teachers with QTS at Carlton Primary School. The headteacher is responsible for the following:

- Ensuring that all members of staff are able to competently carry out Swimming Lessons in accordance with the Get Set 4 PE resources.
- Monitoring that at least 1 member of staff has a poolside resuscitation certificate at the poolside at all times during swimming sessions.
- Ensuring there is no more than 20 children in the pool at any one time
- Ensuring there is a minimum of 2 adults to supervise the swimming, one of whom must be CPR trained with a poolside resuscitation certificate.
- Ensuring there are appropriate buoyancy aids available.

Teachers are responsible for:

- Ensuring the correct Swimming garments are being worn.
- Ensuring that no child has earrings on in the pool. Earrings cannot be covered. If a child has earrings in and cannot remove them themselves, they will not be allowed to take part in the lesson.
- Ensuring that children with verruca's have these covered appropriately.
- Ensuring the pool is covered properly after use.
- Planning of swimming is delivered using the Get Set 4 PE resources. These can be found in the Curriculum Leader folder.
- Resources for the swimming pool are kept in the pool area.

See our EYFS policy for information on how our early years curriculum is delivered.

5. Inclusion

Teachers set high expectations for all pupils. They will use appropriate assessment to set ambitious targets and plan challenging work for all groups, including:

More able pupils

Pupils with low prior attainment

Pupils from disadvantaged backgrounds

Pupils with SEND

Looked After Children (LAC)

Pupils with English as an additional language (EAL)

Teachers will plan lessons so that pupils with SEN and/or disabilities can study every National Curriculum subject, wherever possible, and ensure that there are no barriers to every pupil achieving.

Teachers will also take account of the needs of pupils whose first language is not English. Lessons will be planned so that teaching opportunities help pupils to develop their English, and to support pupils to take part in all subjects.

Further information can be found in our statement of equality information and objectives, and in our SEND policy and information report.

6. Monitoring arrangements

Governors monitor coverage of National Curriculum subjects and compliance with other statutory requirements through:

- Headteachers reports
- School visits/learning walks
- Pupil voice
- Subject Leader reports

Subject Leaders and SLT monitor the way the subject is taught throughout the school by:

- Pupil progress
- Planning
- Learning walks
- Pupil voice

Subject Leaders also have responsibility for monitoring the way in which resources are stored and managed.

This policy will be reviewed every three years by the Subject Leader, Headteacher and the full governing body.

7. Jewellery and Ear Piercing

Jewellery and Earrings in PE Guidance - At Carlton VC Church of England Primary School we take every opportunity to review many of our school policies associated with children's health, safety and well-being. One of these is the wearing of jewellery during school PE lessons and Swimming.

Wearing jewellery or earrings for physical activities poses a **serious risk of injury** to both the wearer and other children and therefore, jewellery and earrings must be removed by the child before they take part. If a child is unable to remove the jewellery themselves, they should not wear it to school. Taping of piercings **will be allowed** during normal PE sessions, but **will not be allowed during swimming sessions**.

Swimming with ear piercings is not permitted as it also poses a serious risk of injury and can also damage the filters and pool lining.

It is requested that parents ensure they consider this guidance when choosing an appropriate time for piercings.

7. Links to other policies

This policy links to the following policies and procedures:

EYFS policy

Assessment policy

SEND policy and information report

Equality information and objectives

Health and Safety policy

LAC policy